



“BROKEN SPIRIT: Let It Go So You Grow”

is for professionals who are counseling, training, educating and advocating for those in prisons and reentry programs. “BROKEN SPIRIT” is for teachers who are charged with preparing our children to fulfill their gifts and dreams in life and for university students who strive to make a difference by becoming lawyers and legal professionals. I was a broken spirit at fifteen (15) years old, I did not know my brokenness would be the source of my openness to discover my purpose. We all have a purpose, helping others find theirs will allow you to find yours. My message to those who work in faith-based organizations, the legal profession, social services, prisons and the educational system is that “we must educate our children and not incarcerate them”. I encourage you to use “BROKEN SPIRIT” as a guide to help release the greatness that is within the individuals with whom we serve.

**As an added bonus I have included the Table of Contents and Chapter 19 from the book.*

BROKEN SPIRIT: Let It Go So You Can Grow

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Chapter 19

Why I Did Not Write Up Residents

Inside these programs, I noticed write-ups were utilized to punish rather than address behavior. I did not do write-ups. I addressed behavior. If they were given a second warning, I would give them a writing assignment, third time, something they wanted was taken away such as a phone call or a visit. I remember an issue at Kintock. A resident was yelling and cursing at me in the lobby. He was upset because I denied his pass. I told him his behavior and threats did not change my mind. I would not approve his pass. I left the lobby to go to the lecture hall for a group.

I waited for the guys to be seated so I could begin. Before I could proceed, one of the brothers said, Ms. Bey we saw what happened downstairs, are you going to write him up? I said no, I would speak to him later. He said, Ms. Bey we know how you feel about write ups. But if you don't write him up, we're taking him to the bathroom. They just looked at me and they were not smiling, they were serious. I told them I would and started the lecture. After the lecture, I went back to my office and wrote the resident up, I gave it to the Director to take to Parole which was on-site. Parole called the resident to their office to inform him he was being transferred. The resident protested saying he did not want to leave, and he had done nothing wrong. The parole officer said let me see who wrote you up. He looked at the write-up and said "you're outta here". Why the resident said, the parole officer responded, Ms. Bey does not write up residents, you had to have done something. He was transferred. That was the first time I realized what happens in the bathroom. It was my first and last write-up at Kintock.